Micro-Mastery

THE COMPANION WORKSHEETS

CHAPTER

02

The Personal Bottleneck

From Leader-Hero to CEO-Architect

THE EXERCISE

The Disappearance Test & The Two Lists

Authority is not built by being present everywhere. It is built by being irreplaceable somewhere. This is the work of separating the operator from the owner.

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The Three Great Abdications

What the leader must release is not just work, but authority, ownership, and identity. For each abdication, name one place this week where you will let go — and the temporary discomfort that will follow.

THE HOW

Relinquish your prescribed methods.

Where will you stop dictating process and start defining outcomes?

THE RELATIONSHIP

Relinquish being the only point of trust.

Which client, account, or stakeholder will you transition to a team member as a peer?

THE FIX

Relinquish rescuing every problem.

Which problem will you let your team resolve without you next time?

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The Disappearance Test

Imagine you disappeared for ninety days. Two lists will tell you more than a week of self-reflection. For each item in List 1, write its counterpart in List 2.

	LIST 1 · WHAT BREAKS?	LIST 2 · ARCHITECTURE ROADMAP
	Every decision, deliverable, or relationship that would stall or collapse without your involvement for three weeks.	*For each item to the left, what would have to change — a person trained, a system built — so the organization can handle it without you?*
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